

## Ingwara y'Agakoko ka Korona 2019 (COVID-19) Uko Wakwisyira mu Kato

Nimba warapimwe ugatorwa ingwara ya COVID-19, cyange ufile ibimenyetso bya COVID-19, urasabwa gukwirikiza ibyo gukora mu kwishyira mu kato.

**Kwisyira mu Kato** bisobanura ko utegerezwa kuguma mu rugo ndetse ukishyira mu kato kure y'abandi, harimo n'abo muturanye mu nzu. Ntabwo wabashya kujya hanze mu bibanza bijyamo rubanda – ndetse nta n'ubwo wemerewe kujya mu maduka adandaza ibiryo cyange kujya guhaha ibindi. Nta n'ubwo wemerewe kandi kujya gusura abanda bantu badatuye mu rugo iwawe, kandi ntabwo wahamagara abanda kuza mu rugo iwawe kugusura.

**\*Nimba ufile ikibazo cyihuta cy'ubuzima, hamagara 911. Babwire ibimenyetso byawe kandi ko uri mu kato kubera COVID-19.**



### Utegerezwa kuguma mu rugo kugeza:

- Byibuze imisi 10 imaze gushira uhereye umusi wa mbere ibimenyetso by'ubugwayi byakugaragayeho ubwa mbere

NA

- Byibuze amasaha 72 (imisi 3) imaze gushira uhereye umusi wakize (umuriro ugahera ata miti yo kugabanya umuriro/ubushuhe **no** kworosha ibimenyetso by'ingwara yo guhumeka)

Subiramo urebe ibi bikwirikira byo gufasha kugira isuku mu rugo rwawe no gukingira aband batuye mu rugo rwawe:

- [Ni iki wakora igihe waba urwaye](#)
- [Kwita ku buzima bwawe uri mu rugo](#)
- [Gukinga ikwiragira ry'ubwandu bwa COVID-19 mu ngo](#)
- [Ibyo gukora isuku no kuvanaho ibitera ubwandum](#)